

Father God,

Today I open my hands to *You*. Take everything I've filled them with - my **WORRIES, FEARS, HOPES, DREAMS, FRUSTRATIONS, JOYS** -

**EVERYTHING.** I submit it all to *You*. I open my hands - take it **ALL** and may I receive what *You* have for me in this day.

Father, I submit to *Your* lordship over my life today. Come have *Your* way, *You* are in **CHARGE**, I give *You* **CONTROL**.

In *Jesus'* name, AMEN.